

2017



# Horse riding courses SPECIAL SCHOOLS

Mercedes Martín  
Centro Hípico SIBARIS  
2017



# INDEX

1. Introduction.
2. Equestrian activities.
3. Classes theoretical-practical.
4. Holiday camps.
5. Location of the center: *How to get there.*
6. Contact.



## 1. INTRODUCTION

Centro Hípico Sibaris was founded in 1985 by the Martín family. Nowadays the center has capacity for 45 horses, it has a jumping racing track (45x85), a dressage track (20x60), a track for equine therapy and a round track. It also has a cafeteria service.

Hípica Sibaris is located 15 km. North of Plaza Castilla, on exit 23 (Algete) of the A-1 (Burgos).

The main objectives of the courses are:

- Initiate the children in the horse world through the ECUESTRIAN ACTIVITIES.
- Reinforce existing knowledge or initiate in horse riding sport through our classes, both THEORETICAL AND PRACTICAL. Interactive and dynamic.

Our activities are specially designed for large groups such as schools, public entities, and companies. They are aimed at children from the age of three.

We detail these activities.





## 2. EQUESTRIAN ACTIVITIES

They consist on a first contact with the world of riding. The activities are designed for groups of students (between 3 and 15 years) and have the following activities:

- Site visit.
- Introduction to the care and life of the horse, breeds, handling, feeding.
- Horse trips, always guided by a monitor.
- Classes of turning (the students will learn to do different exercises on the horse). This will help them to improve balance and coordination.

The duration of the equestrian activities will depend on the number of students attending, they can last between one and three hours.





### 3. MONTHLY COURSES THEORETICAL-PRACTICAL

These are classes for groups whose objective is to get students to ride regularly so they can get a good level of riding.

The schedule will be previously arranged with the centre and adapted to the needs of the group. They are exclusive classes.

The program mostly preferred by our clients is the package of four classes a month (one per week). We are to consider other possibilities.

At the beginning of the course the student's knowledge is evaluated and they receive a rosette. These have different colours according to the levels. To pass from one level to another the monitors will make an exam to those students who are attending regularly and consider them prepared.



#### Level of riding according to colours:

- WHITE ROSETTE. Basic level. It is the starting rosette as a rider.
- YELLOW ROSETTE. It is divided in two: Basic (walk, trot) and advanced (walk, trot and gallop).
- GREEN ROSETTE. The students must use correctly the three airs of the horse, handling and single jumps.
- BLUE ROSETTE. This rosette will permit to take part on the social competition of the riding school. They should know how to ride (walk, trot and gallop) and have acquired enough level to participate in a jump competition (0,60 m) and a dressage reprise.



#### 4. HOLIDAY CAMPS

They are oriented to students who during holidays (Christmas, Ester or summer) have the time to enjoy the camps. The duration of those is one week, and students may decide to extend their participation to two weeks or a month. The schedule will be previously arranged with the school.

Throughout the camp each student will be assigned a horse or pony, and they will be responsible to clean, prepare and ride it daily.

The students will receive both theoretical and practical lessons, jumping, dressage, turning, horse trips and at the end of the camp a gymkhana or competition will be organized for all those who wish to participate.

#### 5. LOCATION OF THE CENTER

A-1 Madrid-Burgos. Exit 23 towards Algete till the first round-about, where there is a McDonald. Take first exit to the right and keep on this secondary road for 1,5 km and you will arrive to HIPICA SIBARIS, which is located on the left hand side of this road.

#### 6. CONTACTO

*Centro Hípico Sibaris*

[www.hipicasibaris.es](http://www.hipicasibaris.es)

- Director: Mercedes Martín
- Telf. 1: 607717878
- Telf. 2: 917662213
- [merchemartinp@hotmail.com](mailto:merchemartinp@hotmail.com)
- [www.facebook.com/hipicasibaris](https://www.facebook.com/hipicasibaris)





## PRICES

### a) General Prices

- Monthly course theoretical-practical (4 classes)
  - o Basic level..... 85 €
  - o Medium level..... 96 €
  
- Quarterly course theoretical-practical (12 classes)
  - o Basic level..... 234 €
  - o Medium level..... 273 €
  
- Equestrian activities (number of journeys to be agreed)
  - o 1 hour.....12 € per child.

### b) Special prices for schools, 10 children minimum

- Monthly course theoretical-practical (4 classes)
  - o Basic level..... 60 €
  - o Medium level..... 70 €
  
- Quarterly course theoretical-practical (12 classes)
  - o Basic level..... 168 €
  - o Medium level..... 186 €
  
- Equestrian activities, minimum 15 children (number of journeys to be agreed)
  - o 1 hour.....10 € per child.
  
- Quarterly Insurance, 23 € per child
- Annual Insurance for children younger than 14 years, 40 € per child
- Annual Insurance for children older than 14 years, 50 € per child



**Club Deportivo Elemental  
Hípico Sibarís**



**Day trip and Equestrian Workshops**





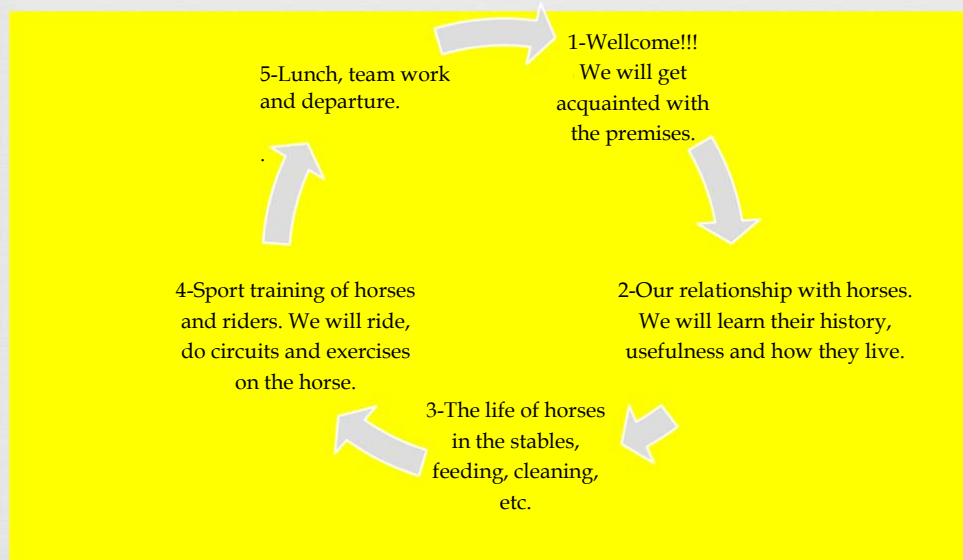
## Club Deportivo Elemental Hípico Sibarís



The Day trip and Equestrian Workshops propose to the educational area of the school a new tool for children, to live a day in nature, **sharing** and **learning** how the lives of horses develops and the close relationship they maintain with us.

We invite you to enjoy this new proposal where the experiences and the discovery of new knowledges will offer all, teachers and students, unforgettable experiences for life.

## Activities in Equestrian Workshops





## In the Equestrian workshops we want children to...



Get familiar with the horses and with their natural environment.

Carry out the activities cooperating in a group.

Develop values of respect to animals.

Experience directly the relationship with horses.

## Timings, groups and prices



The equestrian workshops can last for one, two or three hours, or even a full school day in which case lunch at the center will be included.

Are aimed to all students in groups between 15 and 40 children.

Price of the activity will depend on the length of the course, the number of children and if lunch is included or not.